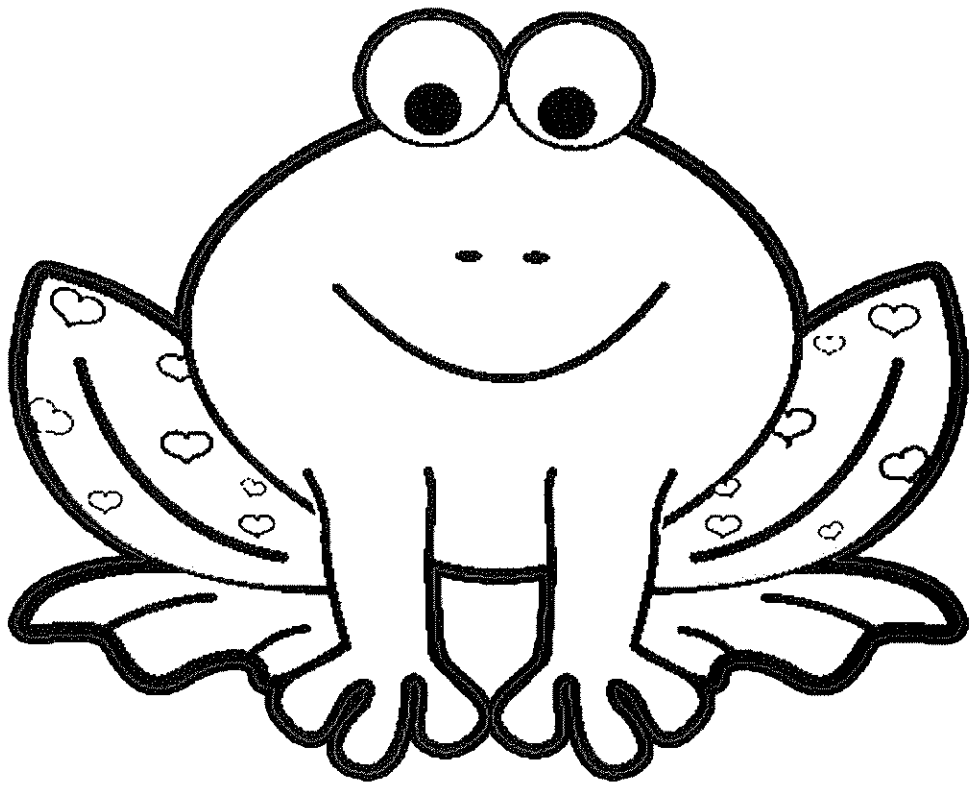


Year 1 Workbook

Term 3 Week 5



Name: _____



Year One

Continuity of Learning - Learning from Home Program, Term 3 – Week 5

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Task: Have a go at tying up your own shoelaces.	Task: Can you help make dinner tonight?	Task: Have you cleaned your teeth in the morning and night?	Task: Could you help bring in the clothes?	Task: Could you help fold the clothes?
Click on the coloured link to go to the website!	<p>English Task 1: Spelling Visit our Class Team in MS Teams to check your weekly spelling words. Write your weekly spelling list (look, cover, write, check) Spend ten minutes on Spelling City completing an activity or game. Vocabulary Spelling City</p> <p>Task 2: Reading Complete 2 lessons on Reading Eggs. Reading Eggs Complete the 'Monster Magic' reading comprehension activity. Listen to a story on ... Storyline Online</p>	<p>English Task 1: Spelling Practise your spelling words by breaking them into sounds (phonemes) Spend ten minutes on Spelling City completing an activity or game. Vocabulary Spelling City</p> <p>Task 2: Reading Complete 2 lessons on Reading Eggs. Reading Eggs Complete the text sequencing activity 'How to Make Pancakes'. Cut and paste it into the correct sequence. Try making some real pancakes with adult supervision. Upload a photo to the Class Team.</p>	<p>English Task 1: Spelling Practise writing your spelling words in alphabetical order. Spend ten minutes on Spelling City completing an activity or game. Vocabulary Spelling City</p> <p>Task 2: Reading Complete 2 lessons on Reading Eggs. Reading Eggs Choose a fictional book to read aloud with a parent/carer. EPIC! Does it have a good beginning and ending? Are the characters interesting? What makes them interesting? Which illustration in the story was your favourite? Why?</p>	<p>English Task 1: Spelling Play 'bingo' or 'go fish' using your spelling words. Time how long it takes to write out five spelling words. Try again. See if you can beat your first time. Spend ten minutes on Spelling City completing an activity or game. Vocabulary Spelling City</p> <p>Task 2: Reading Complete 2 lessons on Reading Eggs. Reading Eggs Play identify the text features. Draw a picture from the text and upload to our Class Team.</p>	<p>English Task 1: Spelling Have an adult or older family member test you on your weekly spelling list. Spend ten minutes on Spelling City completing an activity or game. Vocabulary Spelling City</p> <p>Task 2: Reading Complete 2 lessons on Reading Eggs. Reading Eggs Listen to the story 'The Gruffalo' by Julia Donaldson The Gruffalo Discuss the story with a family member. What happens at the beginning, middle and end?</p>



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	<p>Task 3: Writing Writing – what did you do on the weekend? Try and include who, when, where, why, what.</p> <p>Write a narrative using this starter: “What on earth are you doing up there?” mum exclaimed.</p>	<p>Task 3: Writing Writing – What can you see in your backyard? Use adjectives (describing words) when you write what you can see. Draw pictures and label them.</p>	<p>Task 3: Writing Click on the Literacy Shed link to see The Owl Babies by Martin Wadell. Owl Babies</p> <p>Make a ‘Lost Poster’ for the Owl Babies.</p>	<p>Task 3: Writing Write a shopping list for the family.</p> <p>Task 4: Grammar Watch the Nouns video.</p> <p>Complete the nouns activity sheet.</p>	<p>Task 3: Writing Write a description of the Gruffalo. See the activity sheet in your workbook.</p> <p>Task 4: Handwriting Complete the handwriting sheet in your workbook.</p> <p>Complete a typing lesson. Typing Tutorials</p>
Break	Fruit Break Game of catch!	Fruit Break Kicking the soccer ball!	Fruit break Play a game of handball!	Fruit Break Skipping!	Fruit Break Kick a ball!
Middle Click on the coloured link to go to the website!	<p>Mathematics Task 1: Number Warm Up Say your ordinal numbers to at least 30. Complete the Ordinal Numbers worksheet.</p> <p>Click on the link and sing along with the Ordinal Numbers Song. Ordinal Numbers Song</p> <p>Task 2: Take a handful of counters (or sultanas or M&Ms or Tiny Teddies etc.) and, without looking, estimate how many you have in your hand.</p> <p>Organise your counters. Draw your counters in your workbook or take a photo to upload to our Class Team. Ask a family member to work out how many you have by</p>	<p>Mathematics Task 1: Number Warm Up Practise skip counting by 10s on and off the decade to 100. Click on the link and rap: Ten More, Ten Less</p> <p>Task 2: Go on a shape hunt around your home! Can you find three of each shape in a different location? You need to find 3 quadrilaterals, 3 triangles, 3 circles, 3 hexagons and 3 octagons.</p> <p>Complete the shapes activity sheet in your workbook. You can make shapes using toothpicks, paddle pop sticks or sticks. Take a photo and upload to your Class Team.</p>	<p>Mathematics Task 1: Number Warm Up Play a game of UNO or snap with a family member.</p>  <p>Task 2: Ask your family if you can use five containers, bottles, cups and bowls for an investigation. Estimate which container will hold the most rice (or pasta, dried beans, or water)?</p> <p>Order your containers from the most to the least. Draw the containers in order in your workbook.</p> <p>Test your idea. Pour things from one container to</p>	<p>Mathematics Task 1: Number Warm Up Play a game of dominos.</p> <p>Task 2: Pattern hunt: What patterns can you find in and around your home? Draw the patterns you have found on some paper. Ask someone to help you describe your favourite pattern. Take a photo and upload it to your class MS Team.</p>  <p>Use a pencil, pen, a block or paddle pop sticks to measure five of your favourite toys. Measure how tall your toys</p>	<p>Mathematics Task 1: Number Warm Up Listen to the odds and evens number songs and sing along. Complete the addition and odds and evens activity sheets.</p> <p>Record all the odd numbers to 30.</p> <p>Odd Numbers Even Numbers Song</p> <p>Task 2: Play a game with a partner Use a deck of playing cards (or make a set of cards from 0 to 10). Take out the jacks, queens, kings and jokers. An ace equals 1.</p> <p>Shuffle the cards. Lay them out in a grid with 4 rows and with 4 cards in each row. Put</p>



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	<p>looking and thinking (without counting).</p> <p>Ask questions like: What helps you know how many there are without having to count? Are there more or less counters than you estimated? How many more or less?</p> <p>Task 3: Mathseeds Complete your daily activity on Mathseeds. Mathseeds</p> 	 <p>Play Dice Toss Use 2, 3 or even 4 dice. Roll the dice and add them together to find the total. Record the number sentences.</p> <p>Task 3: Mathseeds Complete your daily activity on Mathseeds. Mathseeds</p> 	<p>another one, or use a measuring cup, to check your estimate. Order the containers from the one that holds the most to the one that holds the least. Draw your observations in your workbook. Was your estimate correct? Complete the capacity worksheet in your workbook.</p> <p>Task 3: Mathseeds Complete your daily activity on Mathseeds. Mathseeds</p> 	<p>are. Order them from shortest to tallest. Take a photo and upload to your class MS Team.</p>  <p>Complete the 'Continue the Pattern' activity sheets in your workbook.</p> <p>Task 3: Mathseeds Complete your daily activity on Mathseeds. Mathseeds</p> 	<p>the left-over cards in a pile. Take it in turns to flip over two cards, looking for combinations that add to make 10. If you found a pair, take the two cards and record the combination you found in your notebook. Take 2 new cards from the pile. If unsuccessful, turn the cards face down. When as many cards have been matched as possible, work out your total score by adding up the value of all your cards. The person with the highest score is the winner.</p> <p>Task 3: Mathseeds Complete your daily activity on Mathseeds. Mathseeds</p> 
<p>Break</p>	<p>Lunch: Eat outside in the sunshine!</p>	<p>Lunch: Help to make your own sandwich!</p>	<p>Lunch: Have a picnic!</p>	<p>Lunch: Try a new sandwich filling!</p>	<p>Lunch: Help to make your own sandwich!</p>
<p>Afternoon</p> <p>Click on the coloured link to go to the website!</p>	<p>Visual Arts Make a musical instrument. Think about the variety of instruments you could create using a wide variety of materials. Try to choose recycled materials to create your instrument. <i>Upload a picture or video of your instrument to the Class Team.</i></p>	<p>Science Experiment You will need: -a large piece of paper; -sticky tape; -markers - lots of different colours; -a toy or object that is the size of your hand or little bit bigger.</p> <ol style="list-style-type: none"> 1. Find an area outside in a sunny spot. 	<p>PD/H/PE Keep fit and move to: Can't Stop the Feeling Get Active at Home: Bouncing and Dribbling Cool Down</p> <p>PD/Health Task 1:</p>	<p>Geography What is the weather like today? Describe it to a family member. Predict what you think the weather will be like tomorrow. Tell your family member. Observe the weather for the rest of the week. By drawing</p>	<p>PD/H/PE Physical Education Move around your backyard pretending that you are different animals, e.g. jump like a kangaroo, leap like a deer, run like a monkey, crawl like a lion.</p> <p>Bean Bag fun- (Can be done with tennis balls or even a soft toy) Throw beanbag in</p>



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Think about ways in which you could put your instrument to use in an ensemble or class composition. Consider creating something with the people in your home.

Create a composition using only the materials you have created and perhaps some furniture or other things in your house they have unique sounds. Let your imagination go wild. Record your piece of music to share with the class or play your composition to your family.

Complete a directed drawing activity from Art for Kids Hub. *Upload it to the Class Team.*

[Art for Kids Hub](#)



2. Tape the piece of paper down onto the table or desk or concrete.
3. Look to see where the Sun is and place your object in the middle of the paper.
4. Trace around the outside of the shadow that is made. Leave your object in the exact same spot.
5. Come back in an hour and see where the shadow is now. Trace around the new shadow placement. Make sure your object stays in the exact same spot!
6. Come back each hour and continue to trace around the new shadow placement.

Complete the Science Investigation worksheet.

Complete a coding activity on Scratch Jr.

[Scratch Jr](#)



Discuss things that could contribute to health and wellbeing at school, e.g. water bottles on desks, regular movement breaks, flexible seating arrangements within the classroom, listening to music, fruit break.

Task 2:

Make a poster containing images of things that help to keep you healthy! Have a look at the [Healthy Food Guide](#). Over the next week pay attention to the different types of food you are eating and see where they are on the plate.

or writing about the weather each day. Make your own weather chart for the week.

What activities could you do in the weather today? What clothes would you need to wear?

What indoor and outdoor activities could you do in different types of weather? Draw the types of things you could do. Upload a photo of your drawings to the class team.

the air and catch, throw bean bag and clap twice, throw bean bag and clap as many times as you can. See what else you can do while the object is in the air, e.g. spin around, jump 5 times, jump down to the ground and up.

PD/Health

Brainstorm different types of foods. Group foods according to type, e.g. fruit, vegetables, meat, breads, etc. Make a table of the different foods and put them in the correct column. If you have any catalogues at home, you might like to cut out pictures of the food.

Name: _____



Term Three - Year One Spelling Homework

Unit 24 Spelling

Look/cover/write/check	Monday	Tuesday	Wednesday	Thursday
Purple Words				
kick	<i>kick</i>		<i>kick</i>	
sock	<i>sock</i>		<i>sock</i>	
sack	<i>sack</i>		<i>sack</i>	
pick	<i>pick</i>		<i>pick</i>	
pack	<i>pack</i>		<i>pack</i>	
pocket	<i>pocket</i>		<i>pocket</i>	

Name: _____

Term Three - Year One Spelling Homework



Unit 24 - Sound Focus: ee as in tree

(Learn your highlighted words)

Look/cover/write/check	Monday	Tuesday	Wednesday	Thursday
Sight Words				
<i>some</i>				
<i>do</i>				
Red Words				
<i>see</i>				
<i>deep</i>				
<i>feed</i>				
<i>tree</i>				
<i>greet</i>				
Orange Words				
<i>three</i>				
<i>canteen</i>				
<i>needle</i>				
<i>sneeze</i>				
<i>weekend</i>				
Contraction				
<i>didn't</i>				
Homophones				
<i>bury</i>				
<i>berry</i>				
Green Words				
<i>thirteen</i>				
<i>cheerful</i>				
<i>greenhouse</i>				
<i>cheesecake</i>				
<i>Halloween</i>				

Name: _____

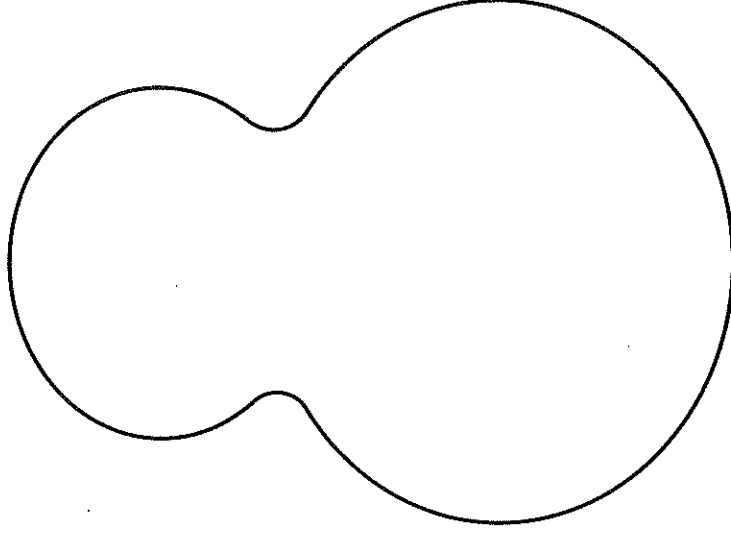
Date: _____

Monster Magic

o Reading Comprehension Activity o











Read and follow the instructions below to create a magic monster.

1. Cover the monster's body in 12 red dots.
2. Give the monster 8 long arms.
3. Draw six yellow eyes on the monster's head.
4. Give the monster 4 short legs.
5. Draw two green pointy antennas on top of the monster's head.
6. Give the monster a big smile and a long pink tongue.
7. Draw two small ears on each side of the monster's head.
8. Give the monster a spikey purple tail.
9. Cover the monster's body in fuzzy blue hair.
10. Give the monster a name.



Dinosaur Ordinal Numbers

Can you cut out and stick the ordinal numbers in the boxes below to show the order of the dinosaurs?

										
-------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------	------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------	-----------------------------------------------------------------------------------	-----------------------------------------------------------------------------------	-----------------------------------------------------------------------------------	--

5th

8th

1st

4th

7th

6th

2nd

10th

3rd

9th

Monday Art Lesson
My Drawing!

How to Make Pancakes

1. Sift the flour into a large bowl.
Add the sugar and stir.

2. Gently beat the egg. Add it to
the bowl, along with the milk.

4. Pour $\frac{1}{4}$ cup of batter in a hot
frying pan. When large bubbles
appear on the surface, flip the
pancake over.

5. Cook the other side of the
pancake until the colour turns
golden brown.

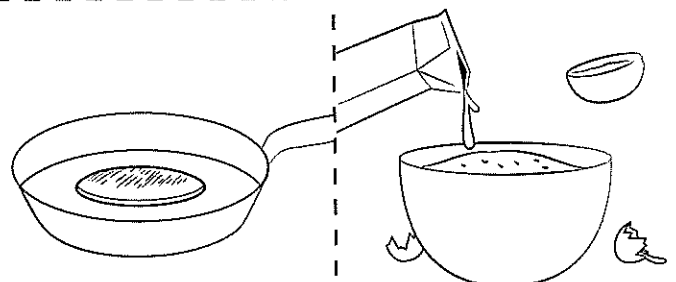
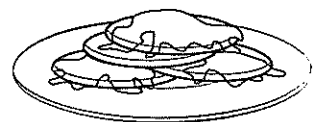
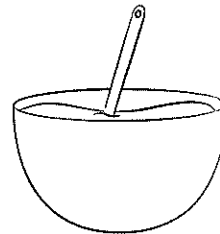
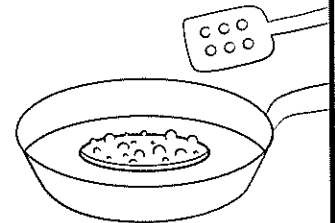
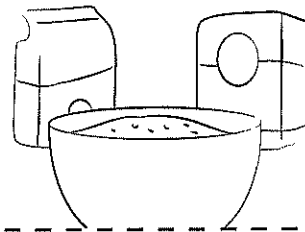
6. Add your favourite topping to
your pancake. Enjoy!

3. Stir the mixture with a
wooden spoon until the batter is
smooth and there are no lumps.

Method

Ingredients

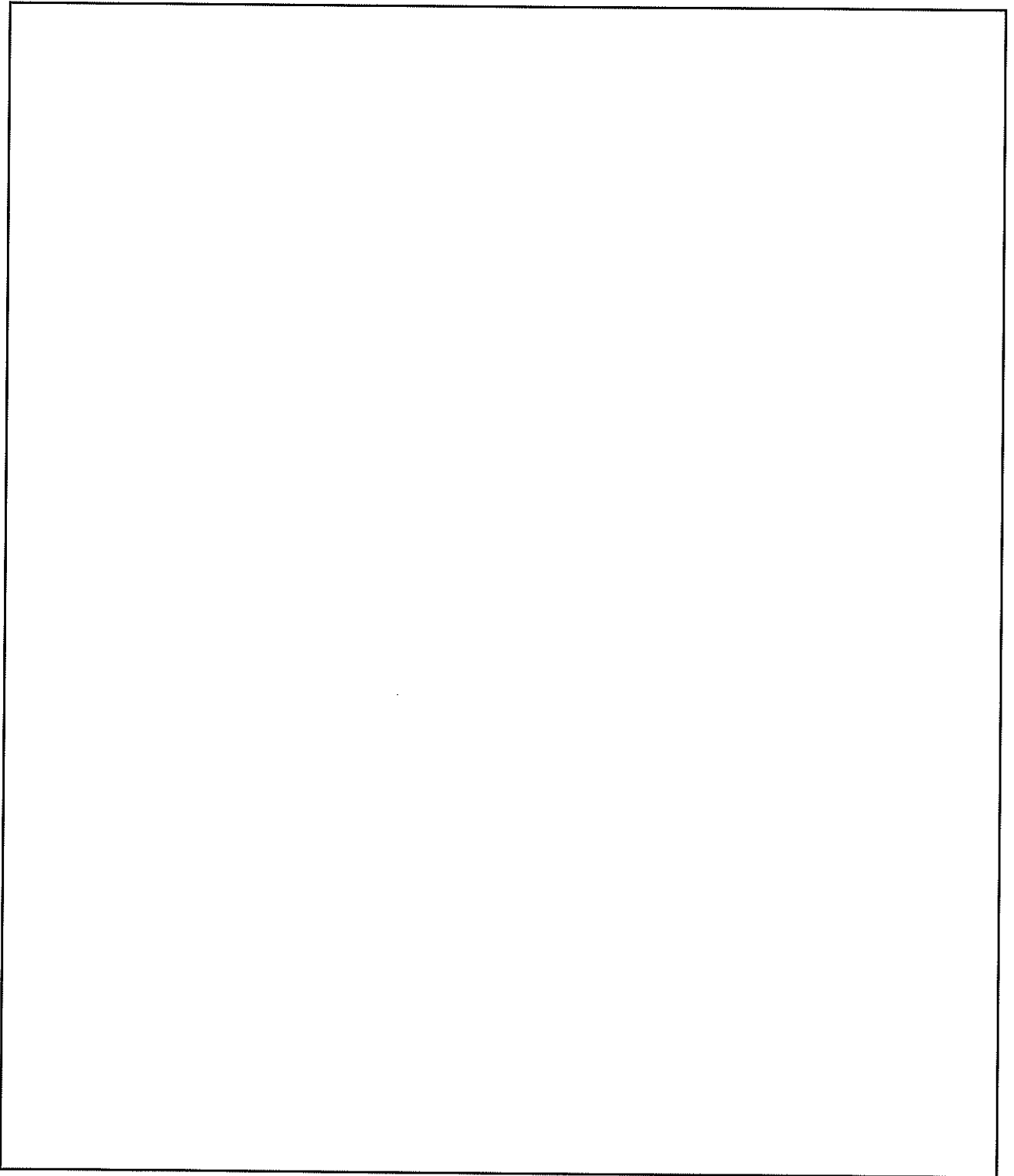
- 1 cup of self-raising flour
- 1 tablespoon of sugar
- 1 egg
- $\frac{3}{4}$ cup of milk



Week 5 – Tuesday Writing Task

What can you see in your backyard?

Draw and label pictures.

A large, empty rectangular box with a thin black border, intended for a student to draw and label pictures of their backyard.

My Backyard

Use the cut-out shapes to create your own backyard.

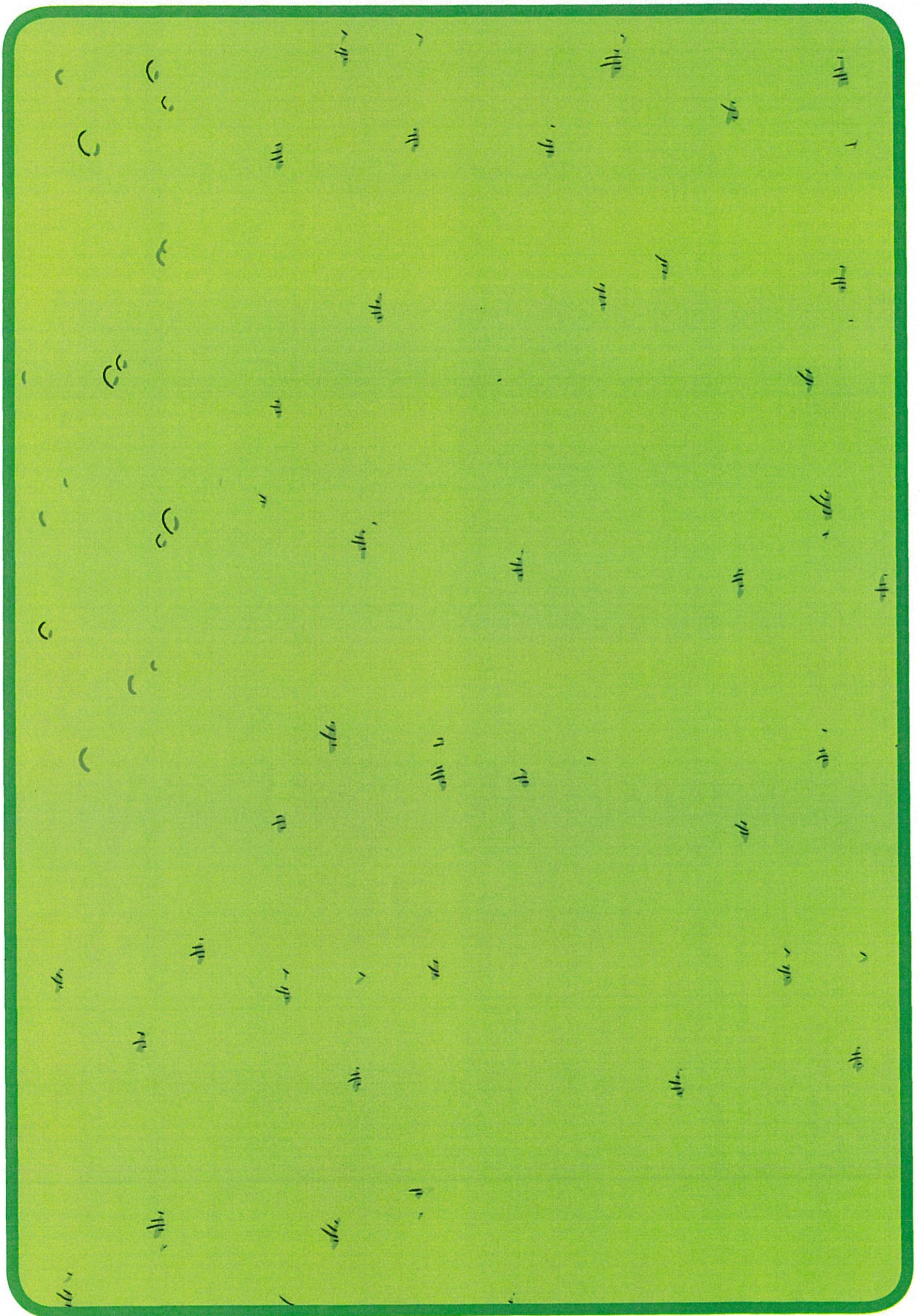
Think about what activities you would like to do in your backyard and how you would design the space. Do you have a pet that needs a special area?

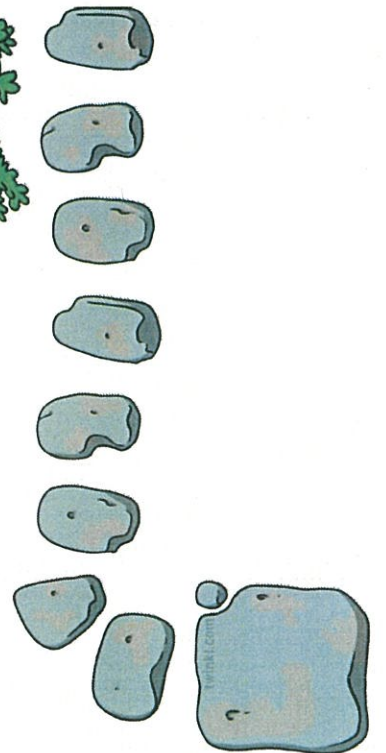
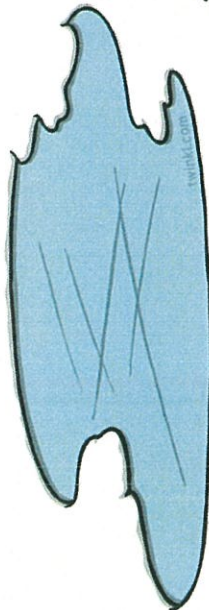
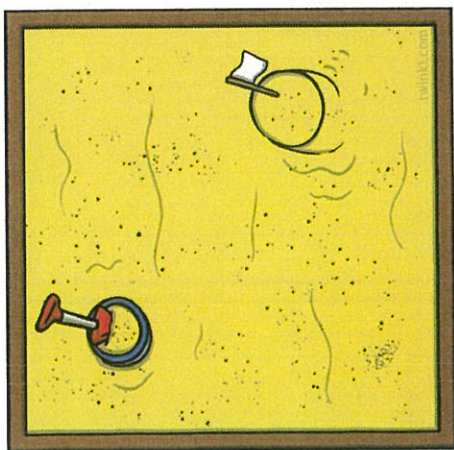
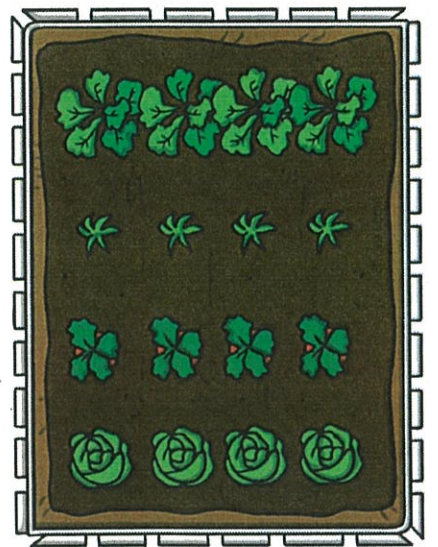
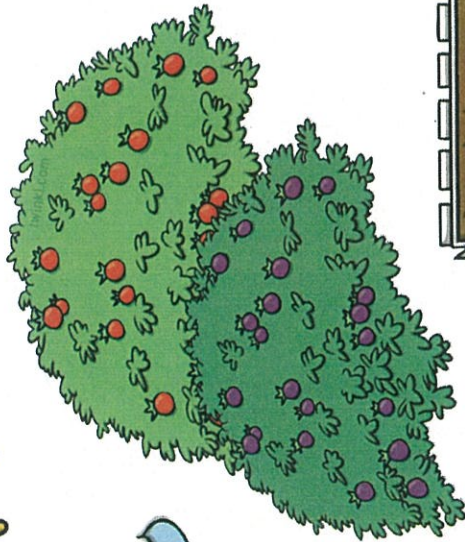
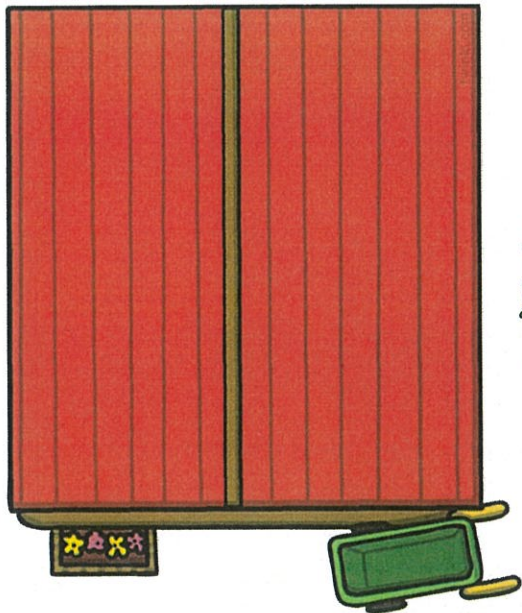
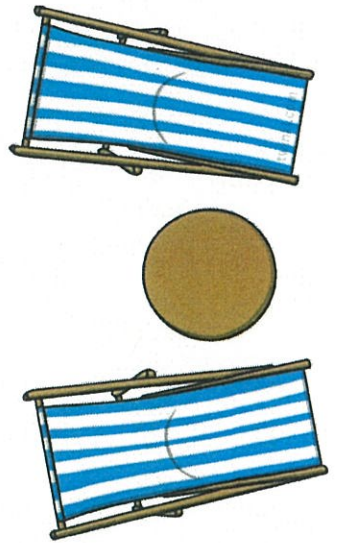
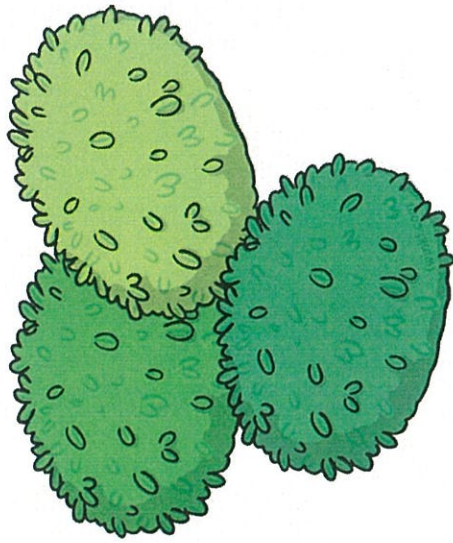
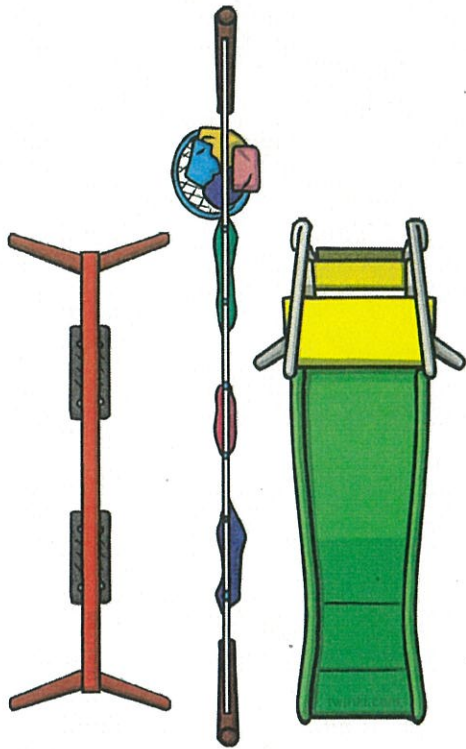
Draw any other areas you may need.

My Backyard

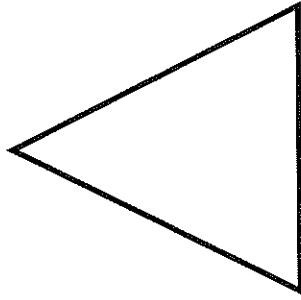
Why have you positioned the areas the way you have? Write three reasons.

1. _____
 2. _____
 3. _____
-

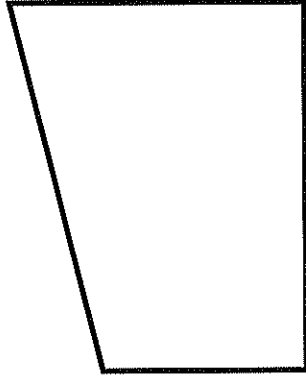




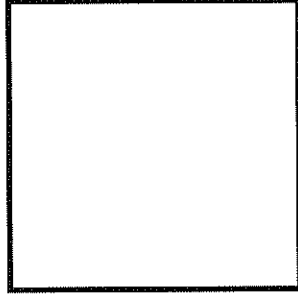
Name the 2D Shape



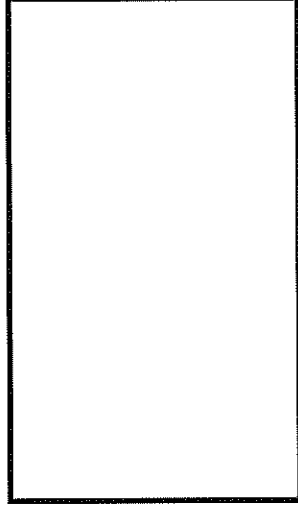
Number of sides _____
Name _____



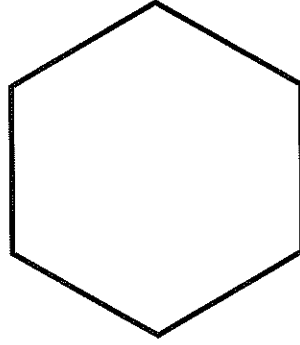
Number of sides _____
Name _____



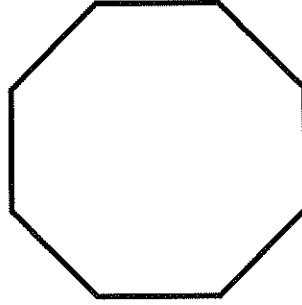
Number of sides _____
Name _____



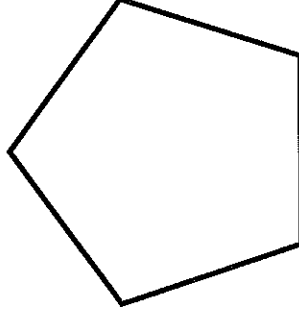
Number of sides _____
Name _____



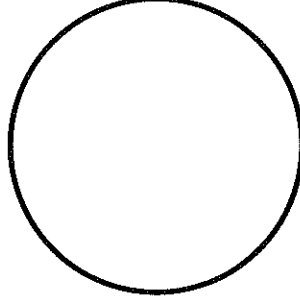
Number of sides _____
Name _____



Number of sides _____
Name _____



Number of sides _____
Name _____



Number of curved sides _____
Name _____

Experiment Write-Up

Experiment name:

Equipment:

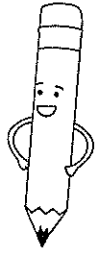
What I did:

What I discovered:

Name: _____

Date: _____

Alphabetical Order



Use the alphabet to help you put the weekly spelling words in alphabetical order.

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

1.

2.

3.

4.

5.

6.

7.

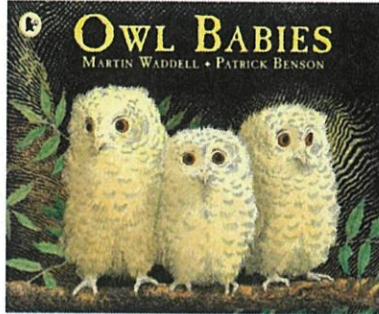
8.

9.

10.

Week 5 – Wednesday Writing Task

Make a lost poster to help find the Owl Babies.

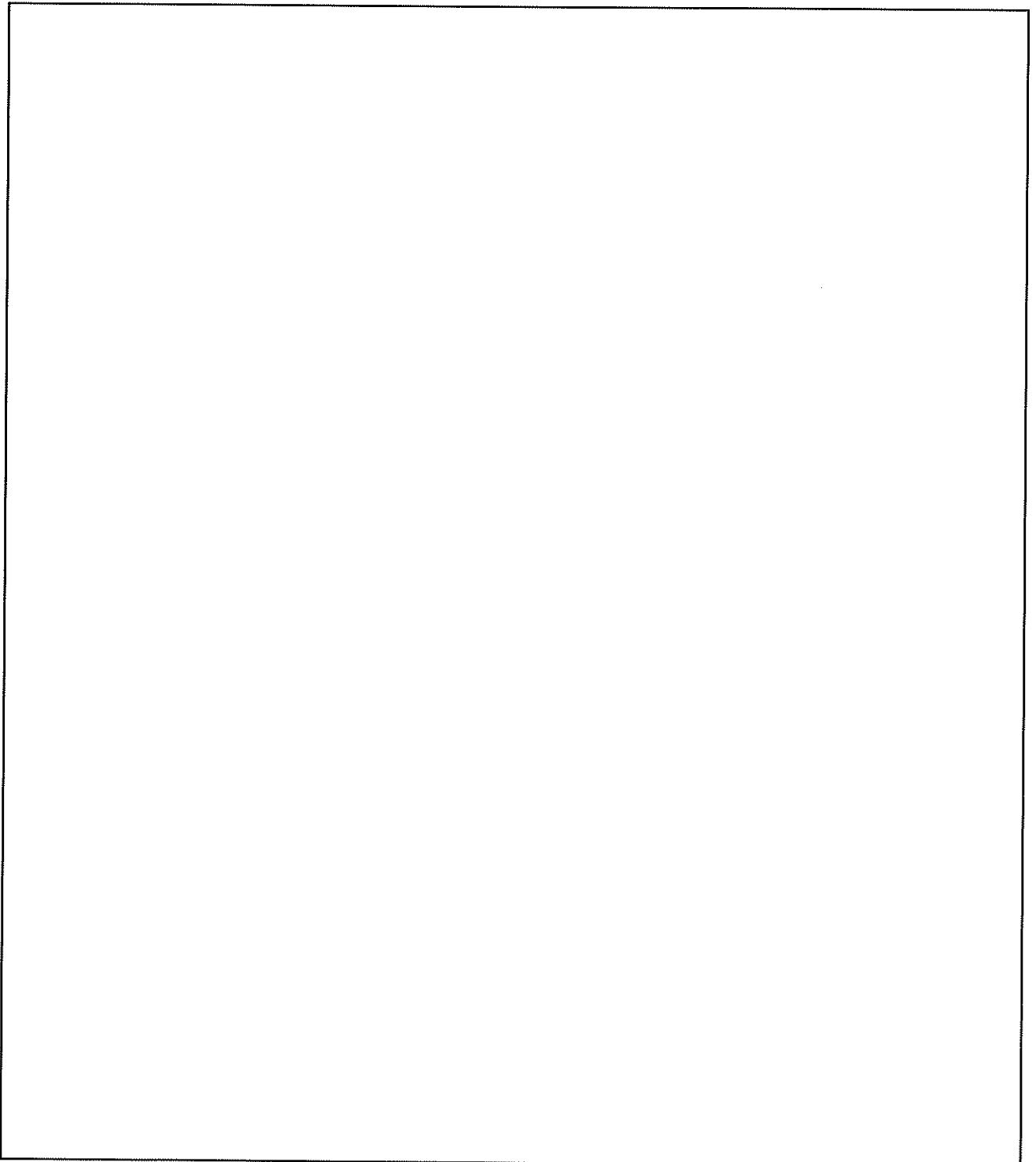


A large, empty rectangular box with a thin black border, intended for the student to draw or write a lost poster for the Owl Babies.

Week 5 – Wednesday Maths Task

Ask your family if you can use five containers, bottles, cups and bowls for an investigation. Estimate which container will hold the most rice (or pasta, dried beans, or water)?

Order your containers from the most to the least. Draw the containers in order in your workbook.

A large, empty rectangular box with a thin black border, intended for the student to draw the containers in order of their capacity.

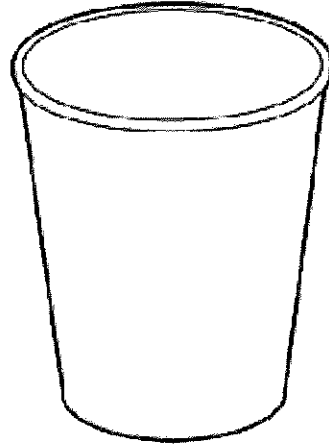
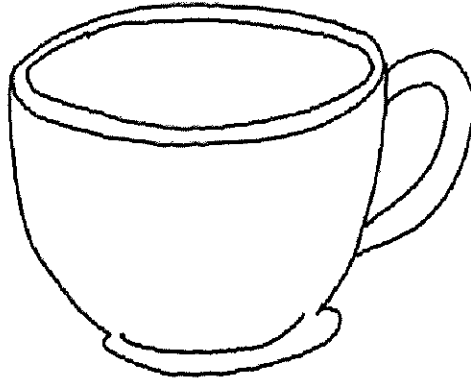
CUP-CiTY!

which cup holds the most liquid?

the short fat one

or

the tall skinny



how will you measure the capacity of these cups?

which one do you think will hold more liquid?

short fat cup

tall skinny cup

what happened when you tested the cups?

why do you think this happened?



Australian Guide to Healthy Eating

Enjoy a wide variety of nutritious foods from these five food groups every day.

Drink plenty of water.



Grain (cereal) foods, mostly wholegrain and/or high cereal fibre varieties



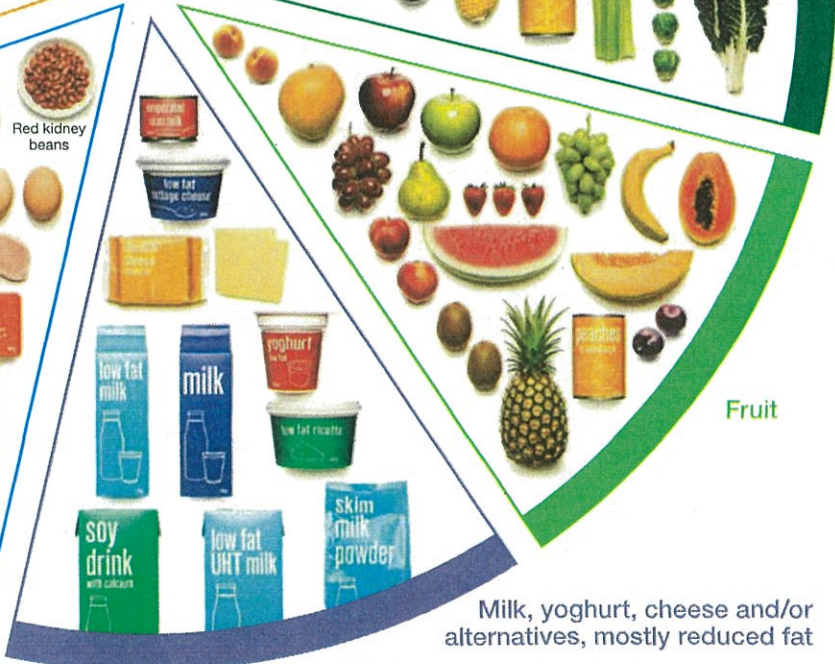
Vegetables and legumes/beans



Lean meats and poultry, fish, eggs, tofu, nuts and seeds and legumes/beans



Milk, yoghurt, cheese and/or alternatives, mostly reduced fat



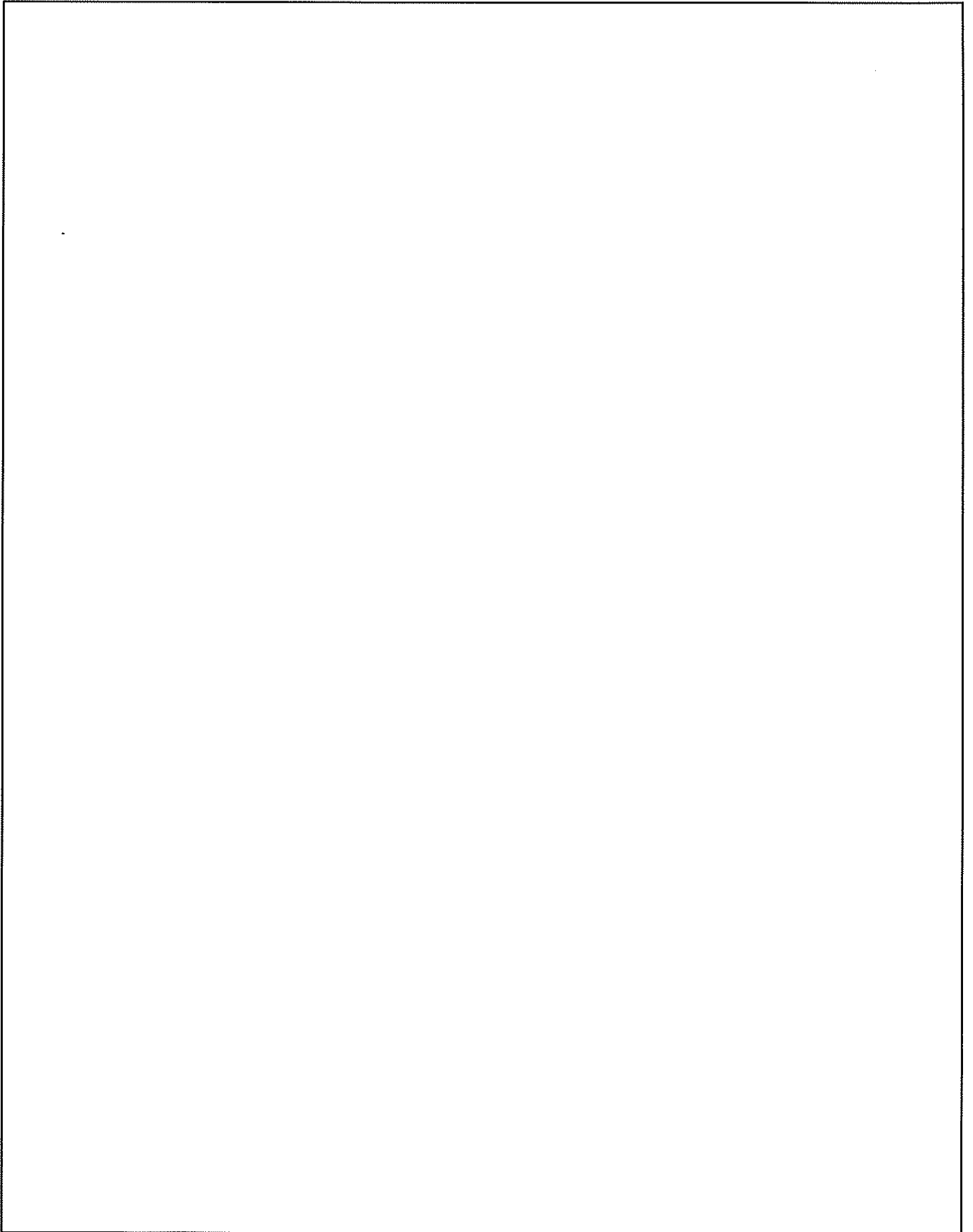
Use small amounts



Only sometimes and in small amounts



My Healthy Eating Poster



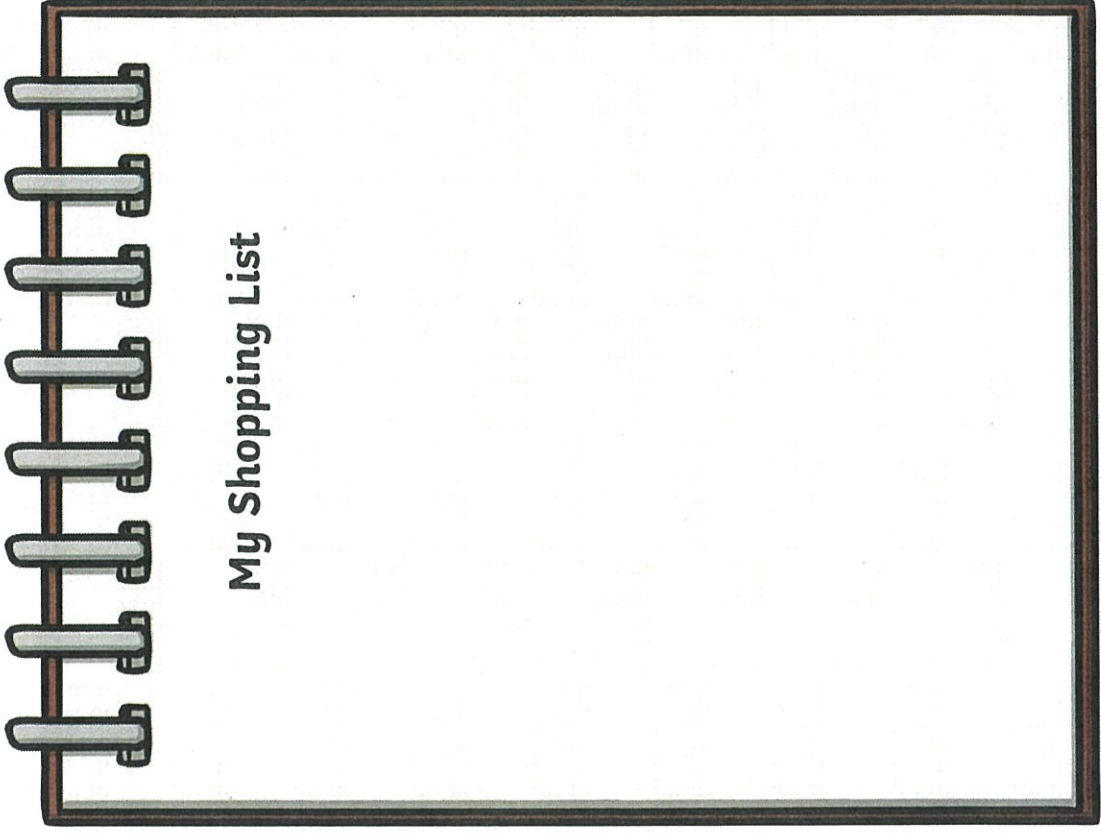
Week 5 – Thursday Spelling Task

Spelling Bingo

Directions: Write this week's spelling words in a blank space. One person calls out a spelling word. Place your counter on the spaces or cross out the words.

B	I	N	G	O

Shopping List Writing Template



Name: _____

Date: _____

Nouns

Underline the nouns in these sentences. There may be more than one.

The orange kitten sat on top of the black and white mat.

The boy climbed up the very old tree.

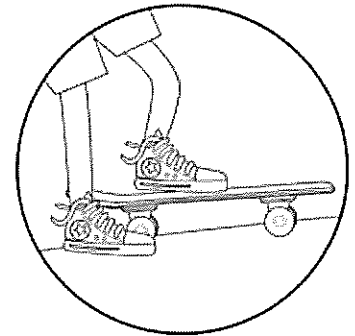
The library is closed on the weekend.

My brother played on his skateboard all day.



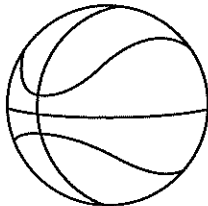
The doctor looked in my ears.

The dog was barking all night long.

The principal told the children that they must wear their hats.

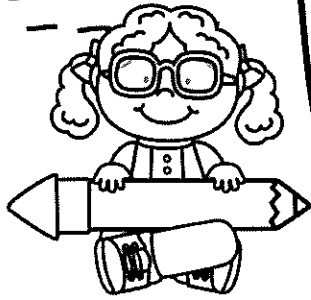
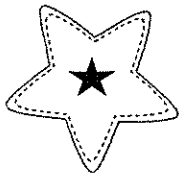


Write three nouns for each of the following categories.

 Person	 Place	 Thing

Pick two of your nouns from the table above and put them into a sentence.

Continue the pattern



The rule is +4
- - - -

The rule is +20
- - - -

44, 48, __, __, __, __, __

30, 50, __, __, __, __, __

The rule is +5
- - - -

The rule is +100
- - - -

75, 80, __, __, __, __, __

30, 130, __, __, __, __, __

The rule is -3
- - - -

The rule is -4
- - - -

30, 27, __, __, __, __, __

112, 108, __, __, __, __, __

The rule is +6
- - - -

The rule is -5
- - - -

60, 66, __, __, __, __, __

100, 95, __, __, __, __, __

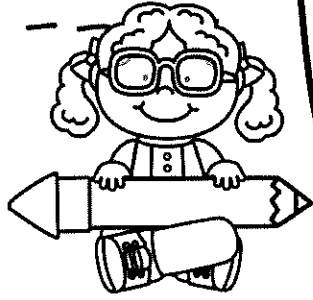
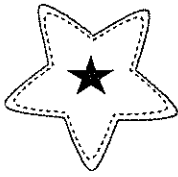
The rule is +10
- - - -

The rule is +3
- - - -

76, 86, __, __, __, __, __

71, 74, __, __, __, __, __

Continue the pattern



The rule is +12
- - - -

The rule is -20
- - - -

24, 36, __, __, __, __, __

160, 140, __, __, __, __, __

The rule is +8
- - - -

The rule is +6
- - - -

64, 72, __, __, __, __, __

60, 66, __, __, __, __, __

The rule is +15
- - - -

The rule is +4
- - - -

30, 45, __, __, __, __, __

48, 52, __, __, __, __, __

The rule is -10
- - - -

The rule is -5
- - - -

98, 88, __, __, __, __, __

100, 95, __, __, __, __, __

The rule is +10
- - - -

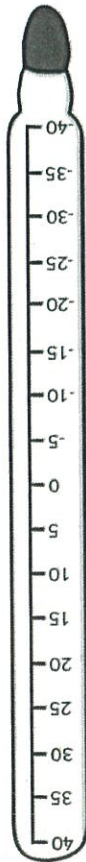
The rule is +3
- - - -

76, 86, __, __, __, __, __

71, 74, __, __, __, __, __

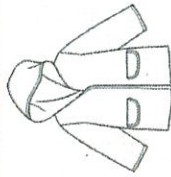
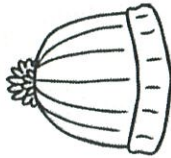
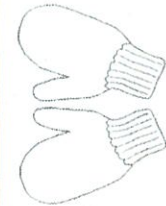
's Weather Report

The thermometer says it is (degrees) Celsius.



Draw what the sky looks like.

The best clothes to wear today are:



The clouds are:

white	grey	flat	thin
fluffy	thick	feathery	moving fast
big	small	layered	moving slow

The precipitation is:

none

rain

snow

hail



The winds feels like it is...

cold	still	warm	strong
breezy	gusty	blustery	blowy

Draw what you think the weather will be like tomorrow.

Spelling Test Date: _____

Score: _____

1.	11.
2.	12.
3.	13.
4.	14.
5.	15.
6.	16.
7.	17.
8.	18.
9.	19.
10.	20.

Spelling Sentence:

a b c d e f g
h i j k l m n
o p q r s t u
v w x y z

A B C D E F G H

I J K L M N O P

Q R S T U V W

X Y Z

Number Shape Addition to 20

Use the number shapes to work out the answers to each addition question.

$$\begin{array}{|c|} \hline \text{A 3x3 grid of 9 white circles on a teal background.} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{A horizontal bar containing 2 white circles on a light blue background.} \\ \hline \end{array} = \begin{array}{|c|} \hline \square \\ \hline \end{array}$$




$$\begin{array}{|c|} \hline \text{A 4x2 grid of 8 white circles on a green background.} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{An L-shaped shape containing 3 white circles on a yellow background.} \\ \hline \end{array} = \begin{array}{|c|} \hline \square \\ \hline \end{array}$$

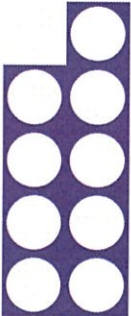


$$\begin{array}{|c|} \hline \text{A 2x3 grid of 6 white circles on a red background, with one circle at the top right corner.} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{A 2x2 grid of 4 white circles on a light green background.} \\ \hline \end{array} = \begin{array}{|c|} \hline \square \\ \hline \end{array}$$

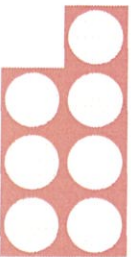
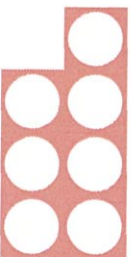
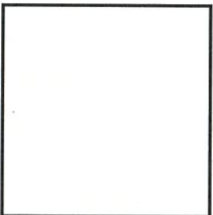
$$\begin{array}{|c|} \hline \text{A 3x3 grid of 9 white circles on a light red background, with one circle at the top right corner.} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{A 2x3 grid of 6 white circles on a red background, with one circle at the top right corner.} \\ \hline \end{array} = \begin{array}{|c|} \hline \square \\ \hline \end{array}$$




$$\begin{array}{|c|} \hline \text{A 4x3 grid of 12 white circles on a purple background, with one circle at the top right corner.} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{A single white circle on a yellow background.} \\ \hline \end{array} = \begin{array}{|c|} \hline \square \\ \hline \end{array}$$


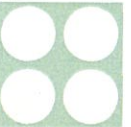

$$\begin{array}{|c|} \hline \text{A 5x2 grid of 10 white circles on a blue background.} \\ \hline \end{array} + \begin{array}{|c|} \hline \text{A horizontal bar containing 2 white circles on a light blue background.} \\ \hline \end{array} = \begin{array}{|c|} \hline \square \\ \hline \end{array}$$



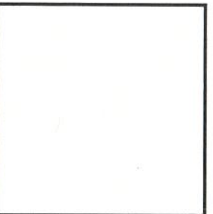
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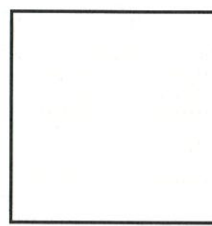
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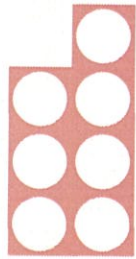

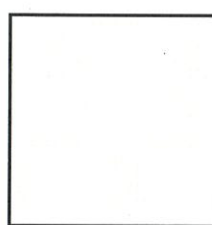
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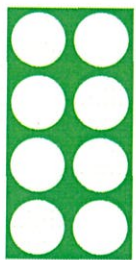

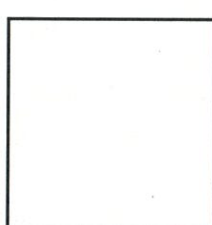
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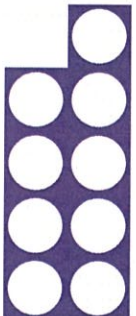
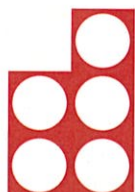

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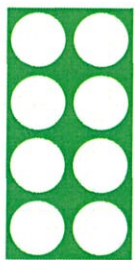

 +  = 

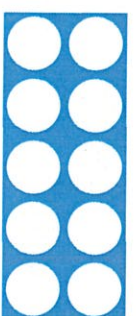
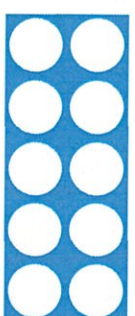

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Odd and Even Numbers

Look at the numbers. Put all the even numbers and odd numbers in the correct circle.

16	4	5	8	13	21	7	22	10	23
2	15	20	16	33	17	19	79	90	54
97	66	78	43	55	42	39	82	81	67

